

Start off 2017 with a

**JANUARY**

of Giving



During the week of **January 8**, be a real human “**bean**” and help stock local food pantries. Place canned or bags of **beans** in marked **Follen** containers.

“You can tune a guitar,  
but you can’t **tuna fish**.”

Unless, of course, you play bass.”

The week of **January 16** features **tuna fish**;  
please bring cans to **Follen**.



“There are few things that cannot be fixed  
with **peanut butter** and a spoon.”

Donate jars of **peanut butter** during the  
week of **January 23**.

“A penne for your thoughts.”

**Pasta** is the featured donation during the **last week of January**. Save spare change and contribute boxes or bags of **pasta** to fill the shelves of local food pantries.

