

*Spring at Last!*

Follen Goods  
and Services Auction

Saturday, March 28, 2015

Follen Church Community Center

5:30 pm – 7:30 pm

*Childcare provided*

# FOLLEN AUCTION FAQs

Things to Know Before You Go  
To this Fun, Fabulous, Fund Raising Event

## **When is this event?**

Saturday, March 28. The silent auction and soup starts promptly at 5:30pm in the community center.

## **Who is invited?**

Follenites and friends. Please bring anyone you think would enjoy the evening.

## **Will there be food?**

Yes! A light supper of soup, wine and dessert will be available.

## **Does it cost anything to get in?**

No! Attendance at the auction is free of charge.

## **What will be auctioned?**

Gourmet dinners, sailing, cycling and canoeing excursions, landscaping and fashion advice, whiskey and wine tastings, vacation homes, fire wood, hand knit socks, pet sitting, and much, much more.

**What happens at the auction?** There will be both silent and live auction sessions, plus time to eat and mingle with friends. Our dynamic auctioneers make the live auction bidding a lot of fun. Please arrive promptly. *The Silent Auction ends at 6pm!*

## **Do I have to spend a lot of money?**

No! We have over sixty items that range widely in value, with many items in the \$50 - \$200 range. There is no obligation to buy anything. Many people collaborate while bidding to reduce the price per person. Plan ahead!

## **How do I pay?**

With cash or check. Unfortunately, we cannot accept credit cards. Payment must be made on the night of the auction.

## **Will there be childcare?**

Yes! Because of food allergies and a desire for simplicity, our sitters will not provide food for the children. Of course, parents are invited to serve their children at the soup and dessert buffet. Better yet, feed the children at home, and enjoy a couple hours of childfree time! While not required, it is helpful if you let us know you will be using childcare. Email us at [auction@follen.org](mailto:auction@follen.org).

## **Where does the money from the auction go?**

The auction supports the annual operating budget. Without the auction we will have an operating budget shortfall.

## **Is it too late to help?**

No! We are still gratefully accepting volunteers and donations of food and wine. Contact [auction@follen.org](mailto:auction@follen.org) to offer your assistance.

**We hope to see YOU at the auction!**

Amy Horsburgh, Marlene Stone and Kathy Hoben

## Live Auction Items

### **Your Song**

**L-1**

Thomas Stumpf (music) and Gordon Hardy (lyrics) will compose a piece on a theme of your choosing. This may be executed as a song or as an operatic "scene" (duet, trio, quartet, whatever), with suitable embellishments and fripperies. This is a great gift for special occasions: landmark birthdays, retirements, receptions, roasts, etc. The style can be refined or scrofulous, tragic or jocose, your choice.

**Est. Value: \$300      Min. Bid: \$100      Donors: Thomas Stumpf and Gordon Hardy**

### **Feed Your Senses – Savories, Sweets and Poetry for 6**

**L-2**

With five of your dearest friends, spend a sultry summer evening on Caroline and Chris' porch overlooking the Arlington Reservoir. Begin with bubbly, cold seafood, cheese and pate. End with homemade ice cream and pots de creme. In between, soak in the sounds of poetry, both profound and risqué, read by Jane. A grown-up evening in every sense of the word!

**Est. Value: \$300      Min. Bid: \$150      Donors: Chris and Caroline Walters and Jane Spickett**

### **Fashion Coach – 3 Hours**

**L-3**

Are you driven to distraction when you look into your closet? Do you have tons of clothes but feel you have nothing to wear? Do you enjoy looking good but feel you're missing the mark? Let me help you! With my personalized style tips I can help you eliminate fashion mistakes and save time and money!

**Est. Value: \$300      Min. Bid: \$150      Donor: Karen Schiff**

### **Glider Ride – Summer or Fall Weekend**

**L-4**

Ride with an FAA Certified Flight Instructor. This is a ride with Kim Vandiver in a two seat glider at his club in Sterling, MA. It is offered on a weekend in the summer or fall.

**Est. Value: \$300      Min. Bid: \$150      Donor: Kim Vandiver**

### **Spanish Wine Tasting and Tapas Party for 6**

**L-5**

Have you explored the difference between an Albariño and an Amontillado? Can your taste buds distinguish "flavors of plums, cherries, silky chocolate and vanilla" from "hints of warm toast and cassis, mouth of fresh strawberries and raspberries and delicate suggestions of black licorice?" Your hosts Hill and Lisa Snellings will guide you through a friendly competition to see who is best able to distinguish the real wine descriptions from the spurious ones. A selection of authentic tapas, Spanish dishes and dessert accompany the tasting. To be held at a mutually agreed upon date before the next Follen auction.

**Est. Value: \$400      Min. Bid: \$200      Donors: Lisa and Hill Snellings**

### **Nantucket Timeshare, sleeps 6, March 11-18, 2016**

**L-6**

Stay for a long weekend or an entire week in a former sea captain's house (now a six unit timeshare) which is a short walk from the Town of Nantucket ferry. On Centre Steet, with 2 bedrooms, 2.5 baths, living room and large kitchen, both with fireplaces. Sleeps up to 6 people. Shoulder season on Nantucket is perfect for long walks, reading by the fire, and spontaneous dinners out. A dozen or so restaurants stay open and there's never a wait for a table. For a little bit more activity, check out the Nantucket Athenaeum for movies, concerts, readings and lectures. You never know what you'll find. See <http://themarinerhouse.com/units/Fame.html> for photos of "Fame."

**Est. Value: \$1,000      Min. Bid: \$450      Donor: Jackie Hawkinson**

**French Dinner for 4****L-7**

Oh là là! Enjoy a traditional French dinner for four chez Chef Stéphanie in Arlington. The menu will include hors d'œuvres, poulet à la lyonnaise, du riz, et de la salade Save room for the fromage Brie (which always comes at the end of a French meal) and dessert. The dinner will be accompanied by du vin blanc (Français, bien sûr!) and French songs will serenade you in the background. Date and time to be mutually decided. Bon appétit!

**Est. Value: \$300      Min. Bid: \$150      Donor: Steph Chiha**

**Hand-Knit Afghan****L-8**

Did you know that we have some master knitters in the Follen community? Here's your chance to own a one-of-a-kind, throw-sized afghan created by the best. With our guidance, you may choose the pattern (some variation on squares or stripes) and yarn (any colors you desire, with the cost of the yarn, approximately \$60-\$100, borne by you). Enjoy our cozy creation at home, or give it away as a baby shower, wedding or house warming gift.

**Est. Value: \$325      Min. Bid: \$200      Donors: Follen Stitches Knitting Group**

**Maine Tipi Adventure for up to 3, Oct. 2-4, 2015****L-9**

With Louisa Pepper as your host and guide, spend the first weekend in October enjoying primitive living in the forest of central Maine. Sleep in a tipi, cook over an open fire, eat good food, hike, relax, and commune with nature at its most intimate. No facilities. Located north of Waterville and Skowhegan, a relaxed and scenic drive about 4 hours from Boston. Adults only, and perfect for a group of friends. Get yourself organized as a group of three, and determine your highest bid for the best chance of winning!

**Est. Value: \$375      Min. Bid: \$150      Donor: Louisa Pepper**

**Italian Dinner for 8****L-11**

At La Cucina di Fred, Chef Frederico il Figlio di Giovanni will prepare and serve a traditional five course Italian meal (antipasti, primi, secondi, le insalata, I dolci e la frutta) accompanied by prosecco, vino bianco, vino rosso, sparkling Pellegrino and café. Mangia!

**Est. Value: \$800      Min. Bid: \$400      Donor: Fred Johnson**

**Four Seasons of Soup Suppers for 6****L-12**

Soup dinners for six hearty eaters in the Fall, Winter, Spring, and Summer. Recipes and ingredients appropriate for each season. Dinners will include soup, salad, and bread; ingredient and recipe choices available, e.g., vegetarian or not. Delivery dates to be negotiated. All ingredients will be organic and locally sourced when possible, including produce from our organic farm share at Riverland Farm in Sunderland MA.

**Est. Value: \$300      Min. Bid: \$150      Donors: Walter and Betsy Leutz**

**Get Organized - 4 hours****L-13**

Got clutter? Four hours of hands-on organizing help. Nothing scares me! Two Follenites say, "Working with Jane is a delight," and "After "flunking out" with two other professional organizers, I have found Jane's style and way of working to be incredibly helpful."

**Est. Value: \$250      Min. Bid: \$125      Donor: Jane Spickett**

**Savory Appetizers for a Party****L-14**

Melinda will prepare five different appetizers (12 - 18 bites each) for your cocktail party, football tailgate or Sunday brunch. Working with you, Melinda will develop a menu which might include choices such as baked brie en crouete, smoked salmon crostini, baba ghanoush, or others options. Appetizers will be delivered (with reheating instructions as required) on the day of or one day before your event. It's the easiest party ever!

**Est. Value: \$300      Min. Bid: \$150      Donor: Melinda Burri**

**Cape Cod Weekend - Friday to Sunday evening, off-season; sleeps 6****L-15**

Spend a rejuvenating weekend at vacation home that accommodates six people in Eastham, bayside. Close to the Cape Cod bike trail and the National Seashore Headquarters, and one block to the beach. Home is fully equipped with gas grill, microwave, TV, i-pod player, internet, etc. The house features a roof deck overlooking the water and spectacular sunsets. It is available Friday through Sunday evening, off-season at a time to be arranged with the owners. (Not available holiday weekends). NO pets.

**Est. Value: \$800      Min. Bid: \$650      Donors: Stan Griffith and Ann Schauffler**

**Sushi Feast for 6****L-16**

Join Howie and Beth for a homemade fusion sushi feast. Howie loves to make and eat sushi! He has been making it for at least the last decade, and many people tell him that his sushi is their favorite. He procures fresh fish from several sources that caters to sushi lovers. He will design the meal to your tastes. The last winners of this auction were too full to make it through the entire menu... Will you?

**Est. Value: \$600      Min. Bid: \$300      Donor: Howie Bernstein**

**Afternoon Cruise in Marblehead/Newport****L-17**

Enjoy an afternoon of sailing for your party of four. Your hosts, the Pagani family, will take you on a sailing adventure off the coast of Marblehead on a 41-foot classic sailboat. With an approximate departure at 3 pm, your Skipper (Alessandro) and crew (Linda, Stefano, Isabella) will return your party in time for sunset.

**Est. Value: \$500      Min. Bid: \$250      Donors: Linda and Alessandro Pagani**

**Guided Canoe Trip - Half Day Trip for 4****L-18**

Join self-styled Guides Laurel and Greg for a half-day, downstream paddle along a scenic local river through forests and meadows. We will outfit 2-4 guests with canoes and gear; guide you through any uncharted riffles, and lead you to a refreshing lunch spot. Available June through October. Cost of lunch is not included.

**Est. Value: \$300      Min. Bid: \$150      Donors: Laurel Carpenter and Greg Shenstone**

**White Mountains Week****L-19**

Enjoy a fun week any time of year at our four-season, 3 bedroom, 2 bath home in Madison, NH, just south of Conway. On a quiet wooded lot, it's just a five minute walk to a pond where you can swim or look for loons while paddling our canoe. No motorboats are allowed on this peaceful body of water. Downhill and cross-country ski areas are both within a 45 minute drive, and the autumn hiking in the Mount Washington Valley is glorious. All this, plus recreational shopping!

**Est. Value: \$900      Min. Bid: \$450      Donors: Jim and Jackie Fesler**

**Handywomen Services - 8 hours****L-20**

Do you have a list of minor repairs you never seem to get to? Two of the handiest women at Follen, and, for that matter, in Lexington or New Orleans, will tackle those jobs. They are offering a total of 8 hours of labor which could include small carpentry jobs, hanging pictures, repair for minor wall damage and more. Give your place a lift, or surprise a housemate/family member by actually getting completed those tasks we all love to avoid.

**Est. Value: \$500      Min. Bid: \$250      Donors: Alice Dunn and Ann Schauffler**

**Homebrew – 24 Bottles****L-21**

One case (24 bottles) of custom-made beer, brewed from scratch by the famous brew master Cas Groblewski. Your choice of ale: stout, porter, pale ale, etc.

**Est. Value: \$200      Min. Bid: \$100      Donor: Cas Groblewski**

**Al Fresco Summer Dining for 10-12****L-22**

Enjoy a casual summer evening of "slow food" al fresco dining with a group of friends in the garden of the Evett-Cali home in Arlington Heights. The Mediterranean-influenced menu will be prepared right in front of you in their wood-fired brick oven.

**Est. Value: \$500      Min. Bid: \$250      Donors: Sophie Evett and Brian Cali**

**Octagon Cycling and Picnic - June, August or September 2015 for 6****L-23**

Did you know that some of the best cycling in the country can be found right here in eastern Massachusetts? Sally and Andy will guide a group of up to 6 (minimum age, 15) through the back roads of Lexington, Concord, Lincoln and Carlisle. We'll stop to enjoy our picnic lunches (chosen from our menu ahead of time) and maybe have a swim at Walden Pond. The route will be between 20-35 miles - to be mutually determined by riders and guides. As an added bonus, Andy will stop by the week before we go to give your bikes a quick tune-up.

**Est. Value: \$300      Min. Bid: \$100      Donors: Sally Cassells and Andy Dixon**

**Chinese New Year's Dinner for 8****L-24**

Let Howie prepare a hot and spicy Sichuan inspired Chinese dinner for you! Howie and Beth will join you and 7 of your fellow food lovers for an evening of exciting and delicious food that Howie will prepare and serve in their home. Howie likes to offer this meal during the Chinese New Year, which in 2016 will be in early February (though this can be negotiated). The Year of the Monkey will not have any monkey on the menu, though you are welcome to behave like a monkey. Previously, the menu has included 16 courses - 6 appetizers, soup, noodles, and 8 hot dishes.

**Est. Value: \$700      Min. Bid: \$350      Donor: Howie Bernstein**

**Sing-Along Party****L-25**

At the keyboard will be Jim Herzig and his huge repertoire of pop songs and show tunes from the 40's, 50's, 60's, and 70's. Lyrics will be provided. Smiles and laughter guaranteed. No talent required, just an appetite for a rollicking sing-along and having a great time. Fred Johnson has generously offered to host the party and lend the use of his lovely grand piano.

**Est. Value: \$400      Min. Bid: \$200      Donor: Jim Herzig**

**Jewelry Surprise****L-26**

Come to the auction for the big reveal - a special something, hand forged in gold or silver by local jeweler Tom Kruskel. See <http://tomkruskaldesigns.com/> for inspiration.

**Est. Value: \$200      Min. Bid: \$100      Donor: Laura Swanson**

**Homemade Indian Dinner for 6 on Saturday, Nov. 7, 2015** **L-27**

Join renowned Indian chefs Pandits Ervin and Durant at a dinner for 6 guests at the Engelhart/Durant house in Lexington. Savor hand-ground spices simmered into creamy dals and complex curries, accompanied by cooling riatas, pungent chutneys, and fresh chapatis slathered in butter. End the evening with selections from the "dessert bar" prepared by Valerie and Ann.

**Est. Value: \$600      Min. Bid: \$300**

**Donors: Stephen Ervin, Valerie Perkins, Anne Engelhart and Doug Durant**

**Martin LXM Guitar** **L-28**

Constructed with the same care and quality Martin applies to all its guitars, the LXM makes for the ideal travel or student guitar. Very comfortable to hold and play, and much more durable than many of their solid wood instruments, this Little Martin is perfect for the younger student or when you need to have a guitar to throw in the luggage compartment! Comes with a padded gig bag for easy portability.

**Est. Value: \$350      Min. Bid: \$150      Donor: Joe Caruso**

**Week in Ocean Side Cottage in Little Compton RI** **L-29**  
**Sleeps 5, Spring or Fall 2015**

Get away from it all just steps from the Atlantic where you can fall asleep to the soothing sounds of the waves. Enjoy a week in idyllic Little Compton, Rhode Island, an easy 90 minutes from Lexington. Small ocean side cottage – aka the Maus Haus - has a bedroom and a large sleeping loft so can easily sleep 4 or 5 people. Use of sit-on-top kayaks and gas grill. House has a lovely, small screened in porch. Great area for biking, birding, antiques, fishing, swimming, crabbing, walking on the beach or watching the sunrise over the ocean. Dogs welcome. Dates are negotiable with donor but excludes peak season (July through Labor Day). You can find more info at <http://www.vrbo.com/418724>.

**Est. Value: \$1,500      Min. Bid: \$500      Donors: Lisa and Brian Levey**

**Whiskey Tasting for 6** **L-30**

On an evening (after dinner) to be bilaterally determined, come to Thomas Stumpf's house at 21 Lillian Road in Lexington with up to 5 of your friends. Thomas will have 4 or 5 single malts from different parts of Scotland (the isle of Islay, the Lowlands, the Highlands...) ready for your edification and delectation - as well as a few palate-cleansers between tastings.

**Est. Value: \$500      Min. Bid: \$200      Donor: Thomas Stumpf**

**Inspire a Sermon** **L-31**

Do you have a spiritual question or are you pondering something philosophical, scientific or silly? Whether vegetable, animal or mineral, Claire will explore the issue one Sunday morning with her inimitable style and pith. Karen Longeteig was last year's winner. She asked Claire to give a sermon on the plight of the monarch butterfly!

**Est. Value: \$300      Min. Bid: \$150      Donor: Claire Feingold Thoryn**

## Silent Auction Items

Please note – The silent auction will end at 6pm sharp!  
Arrive on time to place your winning bids.

### Explore Lexington's Walking Trails

S-0

Did you know that Lexington has 1500 acres of conservation land with over 50 miles of walking trails? Join trail steward Laurel Carpenter for a guided 3-5 mile journey on one or more marked routes, or help test out a route in the planning stages. The walk comes with a bound copy of the Trail Guide to Lexington's Conservation Land (a \$10 value). Lexington's trail network even has a catchy acronym: ACROSS Lexington (Accessing Conservation land, Recreation areas, Open space, Schools and Streets).

**Est. Value: \$60      Min. Bid: \$30      Donor: Laurel Carpenter**

### Canoeing and Crepes for 2

S-1

Enjoy a serene hour or two canoeing or kayaking on beautiful Mystic Lake in Arlington, followed by a delicious meal of fresh, homemade French crêpes.

**Est. Value: \$150      Min. Bid: \$75      Donor: Dominique Vo**

### Lexington Symphony Concert and Backstage Visit

4 tickets, April 11, 2015

S-2

Think you have to go into Boston for great music? Think again. The Lexington Symphony is an award winning group of professional musicians bringing excellent music right to you. The concert, on April 11 at Lexington High School, will include Tchaikovsky's Piano Concerto No. 1 and Mendelssohn's Symphony No. 4. Join Epp Sonin, our own Follen soprano, at the end of the concert for a personal backstage visit with guest conductor David Hoose and piano soloist Paul Carlson.

**Est. Value: \$200      Min. Bid: \$100      Donor: Epp Sonin**

### Museum of Science Membership, Premier 5 Level

S-3

Boston's Museum of Science is one of the world's largest science centers and one of New England's most highly attended cultural institutions. It is the organization behind the National Center for Technological Literacy, a nationwide initiative to raise awareness of engineering in schools and museums. With this membership, 5 people can visit the museum for free for an entire year. Membership includes free parking at the Museum Garage for 2 hours every visit. Four one-time use bonus passes to the Omni Theatre and the Planetarium.

**Est. Value: \$160      Min. Bid: \$100      Donors: Alan and Ellen Adolph**

### Ping Pong Table

S-4

Ping pong table (60" x 110") barely used. Ping-pong brand by Escalade Sports. Includes paddles, balls and set-up instructions. It folds up, but it's heavy, so Kim Vandiver will loan you his truck (once the snows are gone) for transport from Anne and Doug's house in Lexington.

**Est. Value: \$80      Min. Bid: \$40      Donors: Anne Engelhart and Doug Durant**

### Hungry Mother \$150 gift card

S-5

Dine out at this highly rated, slight southern restaurant in Cambridge. Reservations essential! Easy and reasonably priced parking is just around the corner at the One Kendall Sq. Garage (next to the Landmark Theater.) See <http://www.hungrymothercambridge.com/> for more information.

**Est. Value: \$150      Min. Bid: \$75      Donors: Sally Cassells and Andy Dixon**



**Seasons 52, Burlington \$100 gift card****S-6**

Seasons 52 is seasonally-inspired, with the fresh appeal of the farmer's market. It represents a unique blend of art and science, with creative offerings designed to excite and surprise the palate. They use "natural cooking techniques such as wood-fire grilling, brick-oven cooking and caramelizing vegetables to let the natural flavors shine through." See more at their website [www.seasons52.com](http://www.seasons52.com).

**Est. Value: \$100      Min. Bid: \$50      Donors: Diane and Bart Carr**

**Bertucci's \$50 gift card****S-7**

Everybody loves pizza! There is a Bertucci's right here in Lexington Center. Mangia!

**Est. Value: \$50      Min Bid: \$25      Donors: Sue and David Garbarino**

**Hungarian Torte****S-8**

Hungarian Walnut Torte, using ground walnuts, orange juice and rind, eggs, sugar, but no flour, so it is gluten-free. A wonderfully tasty cake, filled with apricot jam, and coated with fresh whipped cream.

**Est. Value: \$50      Min. Bid: \$25      Donor: Kathy Spang**

**Christmas Stollen****S-9**

At Christmastide each year, Sue Halliday channels her German ancestors and prepares stollen as gifts for friends and acquaintances (in the spirit of full disclosure, the recipe Sue uses is not authentically German; there is no yeast in it, and one of the ingredients is cream cheese). Most people enjoy it heartily. Now you can, too!

**Est. Value: \$50      Min. Bid: \$25      Donor: Sue Halliday**

**Cookie Care Package****S-10 - S11**

Two dozen homemade chocolate chip cookies and a silly item sent to the college student closest to your heart.

**Est. Value: \$40      Min. Bid: \$20      Donor: Janet Lane**

**"Remembering Polly" mini-quilt****S-12**

13" square art quilt inspired by a photo of Follen Church and the memory of our beloved former minister Polly Guild.

**Est. Value: \$80      Min. Bid: \$40      Donor: Marita Hartshorn**

**Fine Art Collage Box****S-13**

Karen's art has been widely exhibited and collected. Her mixed media collages combine her love of imagery, people, storytelling, spirituality and life. Her art is mindful of the moment, deep, and appreciative of life and time passing. She uses antique paper and authentic materials. To preview some of her work, go to [www.karenwatsonfineart.com](http://www.karenwatsonfineart.com).

**Est. Value: \$95      Min. Bid: \$45      Donor: Karen Watson**

**Studio Portrait Session****S-14**

Visit Joe's studio in Stoneham for an individual or family portrait session. Includes one 8x10 print. Redeemable until Dec. 30, 2015.

**Est. Value: \$175      Min. Bid: \$100      Donor: Joe Turner**

**Wooly Winter Socks****S-15**

Pair of winter socks made of medium/ heavy-weight yarn. They are made to a woman's size eight shoe but can be altered easily to a size larger or smaller.

**Est. Value: \$40      Min. Bid: \$20      Donor: Debbie Bassett**

**Baby Sock Bouquet****S-16**

Are you heading to a baby shower? Expecting a grandchild? A baby sock bouquet makes a pretty and useful gift or centerpiece. See an example at

<http://www.gifts4baby.co.uk/images/babyshowerwoodenbouquet.jpg>

**Est. Value: \$40      Min. Bid: \$20      Donor: Becky Farnham**

**Estonian Lace Socks****S-17**

These unique wool and silk Estonian lace socks are hand knitted by Chris Seashore.

**Est. Value: \$40      Min. Bid: \$20      Donor: Chris Seashore**

**Home Staging/Redecorating - 90-120 minutes****S-18**

Downsizing, upsizing or just want a new look for your home? Jackie Hawkinson and former Follen member Lynne Weygint offer an initial consultation for the staging and/or organizing of your home. Laura Maltby says, "I am delighted to see the transformation that Jackie and Lynne achieved in our family room. They helped turn a nearly empty space into a warm, welcoming room for entertaining. Come see for yourself, as I am hosting the Follen April Soup Supper!" Lynne is an accredited home staging professional. Jackie is a local realtor who has staged many homes.

**Est. Value: \$250      Min. Bid: \$125      Donors: Jackie Hawkinson and Lynne Weygint**

**Landscaping Consultation - 2 Hours****S-19**

Karen Longeteig of Going Native Gardens offers up to two hours of garden design or landscape maintenance consultation. We will examine what you have; identify unknown trees or shrubs, and discuss possible removals (less is sometimes more) or additions (mind the gap). How could we enhance your enjoyment of your landscape? Find the best site a patio or deck? Find a sunny place for that vegetable garden or fruit orchard? Organic lawn care plans could be a topic, if you are questioning the use of pesticides around your house. We could also include a homeowners' shrub pruning lesson for those overgrown rhodies or hedges if you would like to save money and get some exercise.

**Est. Value: \$250      Min. Bid: \$125      Donor: Karen Longeteig**

**A Song for All Occasions****S-20**

Planning a wedding or memorial service and have a special song you want sung? Epp Sonin, Follen's soprano soloist and vocalist extraordinaire will sing a song of your choosing. Her repertoire is vast, from Schuman to Sondheim.

**Est. Value: \$250      Min. Bid: \$125      Donor: Epp Sonin**

**Piano Tune-Up****S-21**

Want to give your piano a professional sound? Instead of kidnapping Thomas, do the next best thing, get your piano serviced by piano technician Beth Harris, owner of Clear Note Piano, whom Thomas employs to keep Follen's piano in top shape. She will evaluate your piano's needs and re-tune or repair as necessary.

**Est. Value: \$150      Min. Bid: \$75      Donor: Beth Harris**

**UU-Split Firewood****S-22**

Keep your hearth burning brightly with our locally-sourced air-chilled maple. Hand-split by UU elves and cured minimum of 9 months. Four heaping wheelbarrow loads. Available for immediate pick-up at our South Lexington woodlot. We load your vehicle, UU-haul!

**Est. Value: \$80      Min. Bid: \$40      Donors: Greg Shenstone and Alden Carpenter**

**Pet Sitting****S-23**

Try an alternative to pet boarding while you are away. We will care for a small animal in our home for a week. We love animals and would give your special pet the best of care and lots of attention: April – November 2015.

**Est. Value: \$200      Min. Bid: \$100      Donors: Herb and Lil Swanstrom**

**Airport Transportation****S-24**

Harvy Simkovits will provide transportation to and from Logan or Manchester airports for both departure and arrival flights, anytime. Maximum capacity: six people plus luggage. Needs to be scheduled when Harvy is available, yet he will fight off the relentless forces of entropy (Murphy's Law) to be there for you.

**Est. Value: \$140      Min. Bid: \$75      Donor: Harvy Simkovits**

**Private Yoga Session****S-25**

Dana is committed to sharing her belief in the goodness of yoga by combining physical yoga practices for the body with breath and meditation techniques for calming and balancing the mind. The key to contentment and peace comes when you take time to know yourself on all levels. Delve into this time-seasoned practice to rediscover what is always there but perhaps you've neglected or forgotten.

**Est. Value: \$100      Min. Bid: \$50      Donor: Dana Mountain**

**Heart Mind Integration Healing - 1 hour session****S-26**

Imagine how great it would feel to catch yourself in the moment of a big trigger, breathe and respond from your higher consciousness. Instead of shame or guilt, or apologizing for the things you said or did that hurt your loved one, there would be connection. Heart Mind Integration Healing helps you understand how your mind keeps you in an inner loop of non-manifestation and conflict. It provides a method to identify and heal parts of yourself that disrupt your relationships, hold you back, and limit your success. The Practitioner facilitates an interior journey to access your subconscious in a safe, gentle and compassionate environment. <http://hmihealing.com/Practitioners.html>.

**Est. Value: \$90      Min. Bid: \$60      Donor: eliSabeth Taylor**

**Reflexology – 1 hour session****S-27**

Reflexology is the application of appropriate pressure by thumbs and fingers to specific points and areas on the feet. These reflex points correspond to different body organs and systems. Reflexology can be helpful in eliciting the "relaxation response", decreasing pain, increasing circulation and reducing stress and tension. Catherine Collins is a Certified Reflexologist. 60 minutes.

**Est. Value: \$75      Min. Bid: \$50      Donor: Catherine Collins**

**Integrative Imagery****S-28**

Integrative Imagery goes beyond Guided Imagery to access one's innate healing potential. Through the process, the practitioner helps the person achieve the "relaxation response," allowing the individual to access his or her resources, strengths and wisdom to address a specific issue or concern. The technique is helpful in decreasing pain, anxiety, and stress. See more about it at <http://healingwaysconcord.wordpress.com/>.

**Est. Value: \$75      Min. Bid: \$50      Donor: Catherine Collins**

**Therapeutic Touch****S-29**

Therapeutic Touch® is a holistic, evidence-based therapy that incorporates the intentional and compassionate use of universal energy to promote balance and well-being in all aspects of the individual: body, mind, and spirit. It has been found to be effective in decreasing anxiety, altering the perception of pain, and mobilizing the person's own healing potential to restore health, balance, and order.

**Est. Value: \$75      Min. Bid: \$50      Donor: Catherine Collins**

**4 hours of Spanish Tutoring****S-30**

Are you planning a trip to a Spanish-speaking country? Want to be able to have more conversational skills than asking, "Where is the bathroom?" Or maybe you would like to be able to communicate in the Spanish speaking community closer to home? Start learning, or brush up on old skills with your own private tutor. Help for students of all ages. Megan has over twelve years of experience teaching Spanish.

**Est. Value: \$320      Min. Bid: \$100      Donor: Megan Lancaster**

**French Tutoring - 4 hours****S-31**

Parlez-vous français, or do you wish you did? Fluent French speaker is offering four one-hour private sessions that you can use either to get ready for that special trip to France or for academic assistance at the high school level. Sessions can take place "chez vous", or at another mutually decided place and time.

**Est. Value: \$320      Min. Bid: \$100      Donor: Steph Chiha**

**Crafty Yankee \$25 Gift Card****S-32 – S35**

Kathy Fields, owner of the Crafty Yankee in downtown Lexington has donated four gift cards valued at \$25 each. The Crafty Yankee has a wide range of gifts from artisan jewelry to bags and accessories; home accents and table settings; baby gifts and commemorative gifts.

**Est. Value: \$25      Min. Bid: \$15      Donor: Kathy Fields**